

567 cancer survivors and their families made over 3,365 visits to CSCMT

## Programs and Services



**65  
Education  
Pathways  
Programs**

393 visits



**166  
Emotional  
Support  
Sessions**

928 visits



**217  
Healthy Lifestyle  
& Mind/ Body  
Programs**

1388 visits



**32  
Youth &  
Family  
Programs**

275 visits



**One-On-One  
Counseling  
Sessions**

334 visits

## Impacts to Those Attending CSC Programs



Less lonely,  
more connected,  
more hopeful



Gained information to  
better manage  
treatment



More empowered to  
manage illness with  
their healthcare team



Coping better with  
depression, anxiety,  
anger and pain

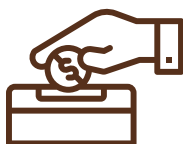
## Fundraising



**\$169,190  
Special Events**



**\$44,560  
In-Kind Donations**



**\$104,878  
Business Donations**



**\$167,211  
Foundations & Grants**



**\$22,900  
License Plate Income**

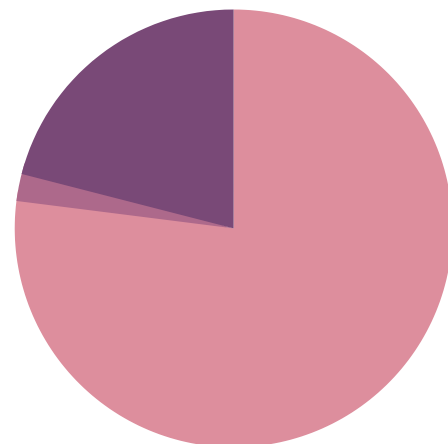


**\$153,065  
Individual Donations**



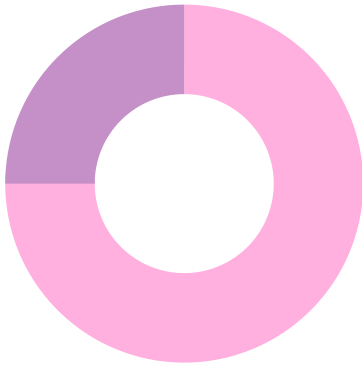
**\$37,090  
Retreats**

## Expenses

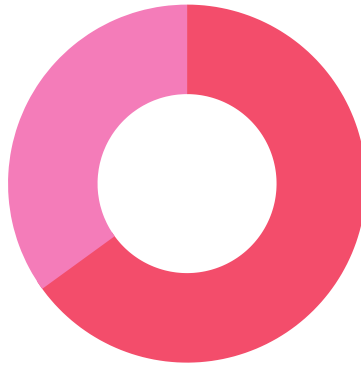


■ Programs & Mission Delivery: 77%  
■ Administration: 2%  
■ Fundraising: 21%

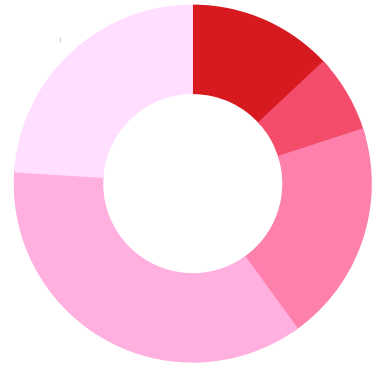
## GENDER



## MEMBER TYPE



## AGE

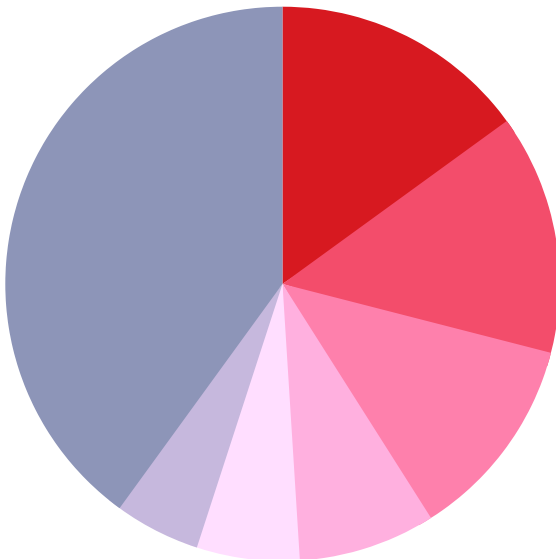


Male: 25%  
Female: 75%

Survivor: 65%  
Caregiver: 35%

Under 18: 13%  
18-39: 7%  
40-55: 20%  
56-69: 36%  
70+: 24%

## TOP CANCER DIAGNOSES IN MONTANA



Prostate: 15%  
Female Breast: 14%  
Lung: 12%  
Colorectal: 8%  
Melanoma: 6%  
Bladder: 5%  
Other: 40%

## Programs Offered By CSCMT



### Education Pathways

Our Educational Pathways programs allow participants to gain knowledge from leaders in oncology, integrative medicine, nutrition, and complementary modalities.



### Emotional Support

All emotional and informal support groups are led by licensed mental health professionals and provide a safe place to come together, share resources, and make connections.



### Healthy Lifestyle

Physical activity can reduce stress, depression, and anxiety. A variety of healthy lifestyle programs are offered to help build strength and increase wellness.



### Family Programs

Our family programs are designed to strengthen family bonds and help kids & teens connect with others who can relate.



### Mind/Body

Mind/Body programs offer a combination of stress-reduction techniques and skill-building to help manage the challenges of survivorship and caregiving.